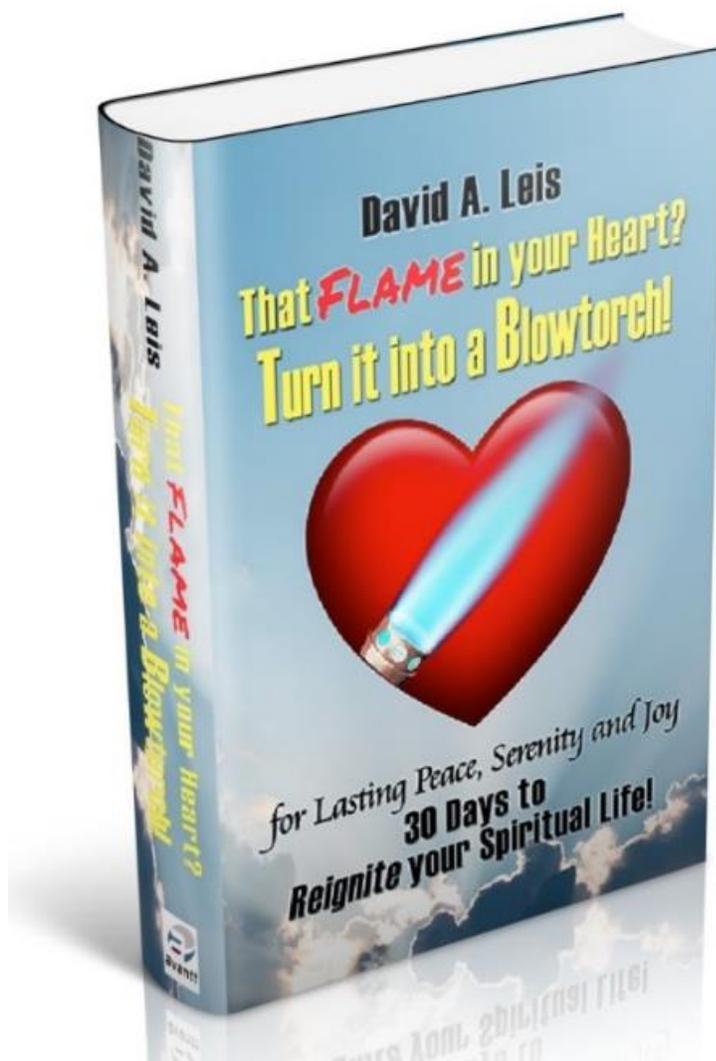


33 Days
with Jesus Christ
for Greater Peace,
Serenity, & Joy

Leader's Retreat Guide

David A. Leis

Companion To:



33 Days
with Jesus Christ
to Greater Peace,
Serenity, & Joy
Leader's Retreat Guide

Companion To:

That *Flame* in
Your Heart?
Turn It into a
Blowtorch!

33 Days with Jesus Christ to Greater Peace, Serenity, & Joy – Leader’s Retreat Guide



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Avantt Press

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Published by Avantt Press

Princeton, New Jersey, USA

www.turnitintoablowltorch.com

ISBN:

ISBN-13:

Author Photo: Dan Naylor www.dannaylor.com

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Published in the United States of America

Turn it into a Blowtorch!

**That warm flame of love for God
you have in your heart?**

**He wants to turn it into a blowtorch
of burning love so hot and bright
that everyone who sees you sees Him.**

**As He does that,
the blowtorch will burn up your
pain, sorrow, defects, weaknesses,
and even your very humanity, purifying your heart,
leaving only Him in its place.**

**When that happens,
you will know a peace and joy within you,
no matter who or what you are,
or what you are going through.**

He wants that for you, right now, where you are!

So that others will catch His Fire from you!

And His Peace and Joy will spread like wildfire!

33 Days with Jesus Christ to Greater Peace, Serenity, & Joy – Leader’s Retreat Guide

Acknowledgements:

Thanks go to Edward R. Gaffney, Director of Mission Effectiveness, Diocese of Colorado Springs, USA and author of “Making Peace: A Catholic Guide to Turning Conflict into Grace. And to Mary Lou Gormley Warren, Director of IHM Conferences. Both provided valuable comments and guidance in the development of this retreat guide. Having their guidance given the thousands of people they reach each year, their thorough knowledge of the Catholic faith, and deep understanding of the dynamics of adult learning has been tremendously helpful. I am profoundly thankful for their friendship and help.

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Note to the reader: The book, prayer journal, and this Leader’s Guide have been written for all who believe in Jesus, or desire to believe in Him, by a Christian who is Catholic, so all who wish to begin, renew or reignite their spiritual life can benefit. Some things contained in the book therefore, are uniquely Catholic. But 100% of the human struggle is common to all people. And 98% of the content is relevant to all Christians. So taken together, as with any book, while not 100% is applicable, one can benefit from what does apply to each person’s situation. I trust you will take from this work that which you need and reserve judgment on the rest as you would with any book.

Peace to you.

David Leis

Instructions for the Leader’s Retreat Guide

Praise God for your decision to embark on a group ‘retreat’ for the 33 Days with Jesus Christ for Greater Peace, Serenity, & Joy! His is the only Way. There is no other way that will last through every circumstance of life!

To be very clear: this 33 Days Retreat has as its objective the probing of Volume Two: Conversations with the Eucharistic Heart of Jesus, by Anne, a lay apostle from Direction for Our Times. It is not about the author or the Blowtorch book. The book was published with the sole intention of sharing the interior journey of the author and his dialogue with Jesus as a way to help the reader enter their own dialogue with Him for greater peace, serenity, and joy.



Structure and Alternative Formats

The retreat, for however long it takes your group, is broken down into 33 Days.

Day 1	Orientation
Day 2	Introduction
Day 3 to 32	The 30 Days of Volume Two Messages
Day 33	Assessment

How you do the 33 Days is completely open to the needs of your group. It can be done daily, weekly or monthly. The Days can be done individually, taking 33 days or even 33 weeks if you are meeting weekly. It can be done in groups of Days at whatever depth you desire to take it.

This is simply a structured outline for you to follow. It looks long, but actually, it is primarily compromised of space for notes, which I have found helpful on retreats.

It is an ideal Lenten program where the participants do the retreat daily and the meetings are weekly. In that case, the same format can be used, it will just cover more ground during each session. If started the first week of Lent, you would be able to finish before Holy Week.

The Appendix: A Simplified Retreat, has a suggested outline for doing it in 5 weeks for those with limited time.

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If you are meeting monthly, perhaps taking the Days in groups would be best i.e., Orientation and Introduction together followed by ten groups of three Days, and then an Assessment Day, would take one year. It is really up to you as long as it works for your group.

How long it takes you is how long it takes. Volume Two took me over a year the second time I went through it!

A special note for you to convey to participants: this retreat, working through the 33 days will obviously take a time commitment. For most people, the reading and questions before each session will take an hour or so. That may be difficult to add onto one’s schedule of prayer already. May I be so bold as to suggest that for the 33 Days, one could substitute the reading and answering questions for the prayer on that day?



The retreat is 33 Days with Jesus, contemplating Conversations with His Eucharistic Heart. Would he begrudge their prayer / conversation with Him taking that form over their traditional form of prayer? I think not! (That does not apply to Mass which is always the preferable form of prayer.)

The next section, Preparation for the Retreat, will provide instructions for preparing your group for Day 1 and the sharing that goes with it when your group meets.

The Leader’s Guide is constructed with a continuity for the main body of the retreat so that consistency will provide some sense of stability, making it easier to concentrate on the content and less on the process. Take a moment to leaf through the guide and you will note a nearly identical format for each of the Days.

Notes to the Leader

The ideal leader for facilitating this retreat has experience in small groups, but far more important, is adept at asking questions, listening carefully and encouraging participation. To be most effective, the leader will minimize their time speaking, except as necessary to give instruction on the next step of the Day, and their own sharing which should be no more in length than the average participant. The leader’s role in this retreat is to facilitate discussion, to draw out of each person what the Spirit means to express. Keep the discussion on topic – be cautious of discussion that threaten to derail the session. Keep it focused on the meaning of Jesus’s words in Volume Two.

Each Day has readings and a set of questions to be answered ahead of time. Then when the group gets together, there is a combination of 1-on-1 sharing and large group sharing. Encourage the

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participants to take notes in each session as the Spirit prompts them through other’s dialogue to look at their own lives differently.

Here, the leader needs to be delicate but encouraging the participants to probe deeply where Jesus is leading them to look interiorly. It may be that the most penetrating THE POINT question, the one that is the most uncomfortable to answer, is the one He is asking you to look at. He will not withhold the grace to bring it into dialogue with Him and come to peace, serenity and joy with Him on that issue. (It is the reason for naming the questions, THE POINT, that they may probe the



heart and soul. Hebrews 4:12 *For the word of God is living and active, sharper than any double-edged sword, piercing until it divides soul and spirit, joints and marrow, as it judges the thoughts and purposes of the heart.*) It is a healthy sign of spiritual growth if the questions probe and are deeply felt.

It is wise to elicit from each participant the promise to keep what others say confidential outside the setting of the retreat. The beauty of the group setting for the retreat is that the Spirit can surprise each of us with perspectives we might not have otherwise

been open to if we did the Days on our own. Each should hear the other person with patience and love, appreciating what is applicable to themselves and not judging the rest of what is shared.

Given the length of the retreat, it is advisable to have co-leaders / facilitators who can trade off weekly. Having led many, I have also found that having two can bring added insight and wisdom as well as keeping the leadership fresh for the participants. Where possible, an unrelated male and a female is optimal from my experience.

Leaders should meet between the sessions to prepare for the next session. Begin your prep with a prayer to the Spirit to guide you. It is ideal if you can meet with a priest – always keep the retreat submissive to the teaching authority of the Magisterium of the Church.

It may be helpful to review the contents of a Four Channels of Communications Workshop that I do. Leaders need to be aware of these as they focus on the dialogue and communication from each of the participants. Presenting them to the participants can be helpful to the group if you have time.

The Four Channels of Communication mini-workshop:

1. Linguistic – the words themselves, the “what” of the message, carries only 7% of the meaning of the message. So the actual words someone uses carries only a small part of what is meant. (The implications of email and text messages should be mentioned, since a great deal of confusion can result despite the emoticons.)

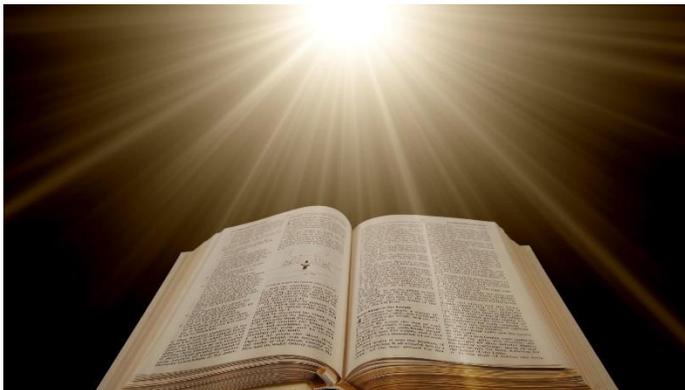
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2. Para-Linguistic – how we say the words: tone, rate of speed, volume, inflection, carries 38% of the meaning of the message. In communication, it is the para-linguistic that gives tone and depth to the message. Listen carefully for this part, because it can get lost between the linguistic and non-verbal.
3. Non-Verbal – gestures, facial expressiveness, posture, proximity, carries 55% of the meaning of the message. The term coined by Marshall McLuhan, the ‘father’ of modern communication, applies here: “The medium is the message.” The medium being the person and their actions. This is where the real content is – it can either be overpowering or very subtle. Someone can say they are not nervous – words and tone of voice, and the body language, nervous twitching for example, can tell another story.
4. Visual Aids – pictures, power point, etc. can help explain the others. Drawing a picture to help explain something can really make ‘a picture is worth a thousand words’ true!

Use the above workshop information to help you and the participants listen more effectively as you share.

Outline of the Guide

The guide is, for the most part, self-explanatory. The date in parentheses () at the top under the Day title indicates the date of Jesus’ message to Anne in Volume Two which is found in the back of the Blowtorch book. Note that on days when He gave her more than one message I have indicated which it is with a roman numeral after it. If you use the Volume Two excerpt in the back of the Blowtorch book, the dates have been modified that way to make it clearer.



1. Opening prayer – it is suggested leading a short, simple opening prayer be rotated among the participants for each session.

2. (Optional) sharing the Emmaus walk since the last session – when the disciples encountered Jesus on their way to Emmaus after He had risen, they recognized him and were filled with joy and excitement and returned to Jerusalem to share what had happened (Luke 24: 13-35). If time permits, a short sharing time can be helpful to the group dynamic, focused, not on the content of the session, but what has happened in people’s lives between the sessions. *In other words, how did they encounter Jesus between the sessions?* This time can be extraordinarily fruitful to build the community of life among the participants.

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I have a saying: “I find God in the mud, the blood and the beer.” Of daily life, it should be added. When I get out of my head and into the heart of living my life with Jesus at my side, it looks pretty



ordinary to me and anyone looking on. And that is where He is to be found: in the simplicity of our daily duties in life, as witness to His Love and Mercy.

3. Volume Two reading – have a volunteer prepare before the session and then stand and read the reading from Volume Two, found in the back of the Blowtorch book.
4. Large Group Discussion – as a backup if needed to prompt discussion during the session, the leader should note 3-4 points in each reading from Volume Two and Day # in Blowtorch during their preparation for the session. Focus on points that may be relevant to most in the group.
5. 1-on-1 sharing – have people break into new pairs each session to share what they gained from their dialogue with Jesus as they answered THE POINT questions. No one should feel obligated, however, if sharing their dialogue makes them uncomfortable. This is about finding peace, serenity and joy in the dialogue with Jesus who would never violate their free will forcing them to share.
6. Large group sharing – the time is limited, so it is really asking for highlights from the 1-on-1 sharing.
7. Large group round-robin – give people an opportunity to read, to give voice, as it were to their Taking Resolute Action statement. This can be a help sometimes in stating in our own voice what we desire to commit to Jesus to do. And it can help another person to see something else that needs attention in their own life.
8. Next meeting – during your preparation for the session, as you read THE POINT questions, you may come up with one you feel is more appropriate to you group. Feel free to substitute it or add it to the ones in the book. (If you do so, please use the Contact Us page on the web site to let us know or email us at 33daysretreat@turnitintoablowtorch.com)
9. – 13. Leader’s Discussion Notes – room to make notes during preparation or during the session for further discussion.

IMPORTANT! Copy the two pages, Preparation for the Retreat and distribute to the participants of your group at least one week prior to the first session. It is also

One last note: I would appreciate any and all feedback on the book, prayer journal and in particular on this leader’s guide. The more feedback, the better as we will use it to improve the

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program for future groups! I would encourage you or your co-leaders to email me at the above address. Thank you so much for your generosity in doing so.

Preparation for the Retreat

Participant Handout

Materials:

The book and personal prayer journal and guide can be ordered on the web site. You have two choices, our shopping cart or Amazon.

1. Book – “That Flame in Your Heart? Turn it into a Blowtorch!”
2. Prayer Journal or Notebook – “Personal Prayer Journal and Guide to the 30 Days” or a diary / notebook for answers to the questions at the end of each Day of the retreat.
3. Optional: Participants can use your prayer journal OR download the Personal Retreat Guide to take notes on during the group meetings. You will still need #2 above for THE POINT questions.

Read

1. Eight Principles e-book – download the latest version from the web site at www.turnitintoablowtorch.com using the button on most of the pages.
2. Foundations of An Interior Prayer Life – it is an Epilogue in the Blowtorch book, also a chapter at the front of the Personal Prayer Journal, or download the most recent version from the 33 Days with Jesus Retreat page on the web site it at <http://turnitintoablowtorch.com/33-days-with-jesus-retreat/>
3. Orientation article – download from the 33 Days with Jesus Retreat page on the web site it at <http://turnitintoablowtorch.com/33-days-with-jesus-retreat/>

THE POINT: Questions to be answered ahead of the first session - Orientation. You can answer them here or in your prayer journal / notebook.

1. From the Eight Principles e-book, which principle do you feel you practice the most, or is the most beneficial to you?

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2. From the Eight Principles e-book, which principle do you feel you need to work on the most to implement in your life?

3. From the Foundations article, what steps can I take to improve my interior prayer life?

4. From the Orientation eBook, what is my interior disposition going into this retreat? Is it what I want it to be? If not, what will I do to change it?

5. Complete the following: “Jesus I am undertaking this retreat to contemplate more fully the readings of Volume Two, Conversations with the Eucharistic Heart of Jesus, because I desire....

6. **Taking Resolute Action:** Jesus, this is one thing I need to change in my life, to take action on: (write it down) Please grant me the strength and grace to do it now!

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1. Orientation to the 33 Day Retreat

Meeting Date: _____ Leader: _____ Location: _____

Note to Leader: the times form a framework, but are approximate and can be adjusted based on the movements of the Spirit during the retreat time. They are not absolutes and facilitators should be flexible as people are inspired to share, etc. If the time is to be extended beyond what has been communicated (90 min. as shown), the leader should ask the group’s permission to do so.

1. Opening prayer
2. Introductions – name, where from, why doing the retreat 10 min
3. Explain the calendar of the scheduled 33 Days 5 min
4. Explain the format for each session, confidentiality, administrative, etc. 5 min
5. 1-on-1 sharing: Preparation for the Retreat Questions 30 min
6. Large group sharing: Preparation for the Retreat Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Eight Principles e-book

10. Notes on Foundations article

11. Notes on the Orientation article

12. Notes on THE POINT questions

13. Notes on Taking Resolute Action

14. Meeting Notes

2. Introduction - Laying the Firebrick Foundation!

(Anne’s Introduction)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer, session format, administrative, confidentiality 5 min

2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

3. Volume Two reading: one person stand & read 5 min

4. Large Group Discussion: Volume Two & Blowtorch Intro’s highlights 25 min
 - a. Volume Two: Anne’s Introduction highlights: 3-4 points that may be most meaningful to your group to start the discussion

 - b. Blowtorch Introduction – Laying the Firebrick Foundation highlights: the 3-4 points that may be most meaningful to your group.
(Use the Introduction reflections as just another participant’s sharing to start the discussion)

5. 1-on-1 sharing: Introduction - The Point Questions - dialogue with Jesus 30 min

6. Large group sharing: Introduction - The Point Questions 20 min

7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

 - b. Logistics

 - c. Volume Two reading volunteer for next session

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Leader’s Discussion Notes

9. Notes on Volume Two Introduction & Message

10. Notes on Blowtorch Introduction

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

3. Day 1 - Suffering & Fire. Lightning from a Clear Blue Sky!

(August 17, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 17, 2003

10. Notes on Day 1

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

4. Day 2 - Exposed: The Life Contained in Every Tabernacle!

(August 18, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 18, 2003

10. Notes on Day 2

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

5. Day 3 - Forgiveness: The First Lesson in Love

(August 19, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 19, 2003

10. Notes on Day 3

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

6. Day 4 - Self-hate: Destroyer of Interior and Family Unity

(August 20, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 20, 2003

10. Notes on Day 4

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

7. Day 5 - Jesus Waiting on Me – With Beer & Lime Chips?!

(August 21, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 21, 2003

10. Notes on Day 5

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

8. Day 6 - The Coming Revelation: Leaving No Room for Doubt

(August 22, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 22, 2003

10. Notes on Day 6

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

9. Day 7 - All My Decisions Have Eternal Consequences

(August 25, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
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6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 25, 2003

10. Notes on Day 7

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

10. Day 8 - I Am Not Disobedient! It’s My Freedom! ...Or Slavery

(August 26, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer

2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

3. Volume Two reading: one person stand & read 5 min

4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion

 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)

5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min

6. Large group sharing: Day __ The Point Questions 20 min

7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 26, 2003

10. Notes on Day 8

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

11. Day 9 - The Secret Realities of Heaven Revealed

(August 27, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 27, 2003

10. Notes on Day 9

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

12. Day 10 - The Real Meaning of “I Am With You”

(August 28, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 28, 2003

10. Notes on Day 10

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

13. Day 11 - Finding a Safe Refuge Despite Turmoil & Pain

(August 28, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 28, 2003 II

10. Notes on Day 11

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

14. Day 12 - Your Family, The First School of the Heart

(August 28, 2003 III)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
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6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader’s Discussion Notes

9. Notes on Volume Two Message date August 28, 2003 III

10. Notes on Day 12

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

15. Day 13 - Unchained Love Explodes The World’s Tabernacles!

(August 29, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
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6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
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 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 29, 2003

10. Notes on Day 13

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

16. Day 14 - An Intimate Discussion: The Way You Speak

(August 29, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
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6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 29, 2003 II

10. Notes on Day 14

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

17. Day 15 - How to Please Jesus. It’s Not What You Think

(August 29, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
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 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date August 29, 2003

10. Notes on Day 15

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

18. Day 16 - Foundations of Holiness: Protecting Your Soul

(September 1, 2003 I)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
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(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date September 1, 2003 I

10. Notes on Day 16

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

19. Day 17 - Antidote to a Plugged-in, Hi-speed, Multiplexed Life

(September 1, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer

2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

3. Volume Two reading: one person stand & read 5 min

4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion

 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)

5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min

6. Large group sharing: Day __ The Point Questions 20 min

7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date September 1, 2003 II

10. Notes on Day 17

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

20. Day 18 - Your Spiritual Growth ... at the Speed God Requires

(September 1, 2003 III)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer

2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

3. Volume Two reading: one person stand & read 5 min

4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion

 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)

5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min

6. Large group sharing: Day __ The Point Questions 20 min

7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date September 1, 2003 III

10. Notes on Day 18

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

21. Day 19 - Live True Inner Peace. We Were Created For It

(September 2, 2003 I)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader’s Discussion Notes

9. Notes on Volume Two Message date September 2, 2003 I

10. Notes on Day 19

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

22. Day 20 - No Gaining Heaven Without This New Language

(September 2, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader’s Discussion Notes

9. Notes on Volume Two Message date September 2, 2003 II

10. Notes on Day 20

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

23. Day 21 - Oh! Straight Talk from Jesus: Sexual Purity

(September 2, 2003 III)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
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 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date September 2, 2003 III

10. Notes on Day 21

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

24. Day 22 - A New Twist: Two Obligations of Love of Neighbor

(September 3, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date September 3, 2003

10. Notes on Day 22

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

25. Day 23 - A Life Not Examined is a Life Not Truly Lived

(September 3, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader’s Discussion Notes

9. Notes on Volume Two Message date September 3, 2003 II

10. Notes on Day 23

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

26. Day 24 - The Secrets to Your True Success Revealed

(September 3, 2003 III)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
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Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
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Leader's Discussion Notes

9. Notes on Volume Two Message date September 3, 2003 III

10. Notes on Day 24

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

27. Day 25 - Cleanse The Soul, Heal The Heart, Feel The Joy!

(September 4, 2003 I)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

9. Notes on Volume Two Message date September 4, 2003 I

10. Notes on Day 25

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

28. Day 26 - You, a Close, Dependable Friend of Jesus?! Yes!

(September 4, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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9. Notes on Volume Two Message date September 4, 2003 II

10. Notes on Day 26

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

29. Day 27 - You Have Specific Souls You Are to Save!

(September 4, 2003 III)

Meeting Date: _____ Leader: _____ Location: _____

15. Opening prayer

16. (Optional) Sharing the Emmaus walk since last session. 30 min

If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

17. Volume Two reading: one person stand & read 5 min

18. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min

a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion

b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)

19. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min

20. Large group sharing: Day __The Point Questions 20 min

21. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

22. Leader: Next meeting: 5 min

a. Questions / Prayer Journal

i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

b. Logistics

c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

23. Notes on Volume Two Message date September 4, 2003 III

24. Notes on Day 27

25. Notes on THE POINT questions

26. Notes on Taking Resolute Action

27. Meeting Notes

30. Day 28 - The Ways You Need to Prepare for His Return. Now!

(September 5, 2003)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer

2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

3. Volume Two reading: one person stand & read 5 min

4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion

 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)

5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min

6. Large group sharing: Day __ The Point Questions 20 min

7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

 - b. Logistics
 - c. Volume Two reading volunteer for next session

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9. Notes on Volume Two Message date September 5, 2003

10. Notes on Day 28

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

31. Day 29 - Protecting You From Your Own Weaknesses

(September 5, 2003 II)

Meeting Date: _____ Leader: _____ Location: _____

14. Opening prayer

15. (Optional) Sharing the Emmaus walk since last session. 30 min

If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:

16. Volume Two reading: one person stand & read 5 min

17. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min

a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion

b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)

18. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min

19. Large group sharing: Day __ The Point Questions 20 min

20. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.

21. Leader: Next meeting: 5 min

a. Questions / Prayer Journal

i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.

b. Logistics

c. Volume Two reading volunteer for next session

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Leader's Discussion Notes

22. Notes on Volume Two Message date September 5, 2003 II

23. Notes on Day 29

24. Notes on THE POINT questions

25. Notes on Taking Resolute Action

26. Meeting Notes

32. Day 30 - Your Ongoing Conversion. You’re Not Done Yet!

(September 5, 2003 III)

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. Volume Two reading: one person stand & read 5 min
4. Large Group Discussion: Volume Two date__ and Day __ highlights 25 min
 - a. Volume Two date __ highlights: 3-4 points that may be most meaningful to your group to start the discussion
 - b. Day __ highlights: the 3-4 points that may be most meaningful to your group.
(Use the Day __ reflections as just another participant’s sharing to start the discussion)
5. 1-on-1 sharing: Day __ The Point Questions - dialogue with Jesus 30 min
6. Large group sharing: Day __ The Point Questions 20 min
7. Large group round-robin: Giving voice to the Taking Resolute Action 10 min
Let each participant give voice if they desire, to their TRA statement.
8. Leader: Next meeting: 5 min
 - a. Questions / Prayer Journal
 - i. Questions that Jesus might have also been asked:
Leader prepares these in advance of this meeting.
 - b. Logistics
 - c. Volume Two reading volunteer for next session

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Leader’s Discussion Notes

9. Notes on Volume Two Message date September 5, 2003 III

10. Notes on Day 30

11. Notes on THE POINT questions

12. Notes on Taking Resolute Action

13. Meeting Notes

33. Assessment - The 33 Days of Dialogue

You have finished the 33 Days of Dialogue with Jesus. Take an hour or two (or a retreat day!?!) of quiet time to reflect on where you were when you started and where you are now.

Meeting Date: _____ Leader: _____ Location: _____

1. Opening prayer
2. (Optional) Sharing the Emmaus walk since last session. 30 min
If used, the leader is encouraged not to share, but to ask questions to draw the members out, particularly the quiet ones. Checking in between the sessions with members is encouraged. Notes:
3. 1-on-1 sharing: The Assessment Questions 30 min
4. Large group sharing: The Assessment Questions 30 min
5. Celebration! Large group social – 30-60 min
A dinner is ideal, but drinks and finger foods are fine as well.
A certificate for the program is icing on the cake if this is conducted in an organization.
6. Leader: Next meeting if there is ongoing programs. 5 min

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7. Notes on THE ASSESSMENT questions

8. Meeting Notes

Appendix: A Simplified Retreat

The 33 Days with Jesus Christ Retreat can be greatly simplified if there is limited time available to the participants. As with the standard retreat, the focus is still on exploring Volume Two in greater depth; the Blowtorch book is simply leading the way for you with its own intimate dialogue with Jesus Christ.

The standard retreat is essentially a set of 3 articles and then reading the book, “That Flame in your Heart? Turn it into a Blowtorch!” (with included reading from Volume Two in the back of the book) and answering each of THE POINT questions, ending with the Assessment.

Of course the leader should know that the material is there to be used in any way that is most appropriate for the group – or use none of the materials at all. No matter which approach is used for the retreat, it is recommended the leader read the Instruction for the Retreat Leaders Guide, and use some form of the meetings outlined for each of the Days that combines on-on-one sharing and group sharing. Again, given the group environment, confidentiality needs to be stressed.

However, to suggest one alternative, a simplified approach to the retreat could be to do the retreat in 5 weekly sessions as outlined below. This approach assumes they would read a 33 Days’ retreat assignment each day, eliminating most of the readings for the Orientation Day. It is still suggested that for this period of time, the participants may consider replacing their normal daily prayer with this retreat exercise (excepting of course, Mass). (You can make them aware of The Eight Principles and Foundations for Prayer eBooks for their own use outside of this retreat. Each of these make excellent topics for separate meetings if you group is looking for other topics.)

Instead of answering all of THE POINT questions, they would pick 1-2 of the questions from each group of Days to answer and share on. Here, the leader needs to be delicate but encouraging the participants to probe deeply where Jesus is leading them to look most interiorly. It may be that the most penetrating THE POINT question, the one that is the most uncomfortable to answer, is the one He is asking you to look at. He will not withhold the grace to bring it into dialogue with Him and come to peace, serenity and joy with Him on that issue.

It is suggested the format of the meetings be the same as outlined for the standard retreat to maximize participation and the opportunity for the movement of the Holy Spirit.

1. Session #1. Prior to this meeting, have the participants read the Orientation to the 33 Days, and the Introductions of both the Blowtorch book and Volume Two on their first day, and then Days 1-6 in the Blowtorch book (including the related date from Volume Two which is in the back of

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the Blowtorch book). Have them pick out the most meaningful 1-2 questions from THE POINT questions in the Blowtorch book to share.

2. Sessions #2-4. Read Days 7-13, 14-20, 21-27 respectively during the week, one Day from Blowtorch (and Volume Two) each day. Have them pick out the most meaningful 1-2 questions from THE POINT questions in the Blowtorch book to share.

3. Session #5. Read Days 28-30 and do all the questions in the Assessment. Pick out the most meaningful question from the Assessment to share. The last session should focus primarily on the Assessment and the resolutions for the future. Don’t forget to do some small celebration!

There you have it. Five weekly sessions. Simple and easy for the participant. Just like the modern adaptations of the Exercises of the Ignatian Retreat, it could be repeated in greater depth at any point in the future. Volume Two has such depth that it could fruitfully be plumbed for years by itself.

Feel free to make any adaptations as the leader you feel are warranted for the needs of your group. And of course we value your feedback and would love to hear what changes you have made as we continue to develop the retreat.

Take Blowtorch! to the Next Level

If you are interested in taking your personal or group’s spiritual journey, we offer the following resources which may be found on the web site: www.turnitintoablowtorch.com

Turn it Into a Blowtorch Personal Journal – the personal journal provides space for you to journal your spiritual journey during the 30 days and continuing beyond that. Each ‘Day’ is summarized so you easily take it with you without having to always carry the book. Using the journal offers you privacy and a means to reflect on the whole of the way Jesus is leading you.

Leader’s Guide – a free facilitator’s guide for prayer or church groups to take them through the 30 day program of spiritual renewal. The Leader’s Guide was developed by the author who has extensive experience in the development of adult learning programs which he has delivered to thousands of people.

Audio and Video Programs – audio and video program to complement the book will be released on a continuing basis. See either www.avanttpress.com or www.turnitintoablowtorch.com for links to those resources.

Blowtorch! Retreats– David is available on a limited basis to do Blowtorch! Retreats which are typically half day programs based on one of the chapters of the book. They are customized to the needs of the group. Full days are also available depending on circumstances. Use the contact us form on the Blowtorch web site to request availability.

Free Resources – please check the website for a list of available resources which will be added from time to time.

May God bless your spiritual journey and may Jesus Christ fill you with His Love and Mercy to overflowing as you grow in your personal dialogue with Him!

About the Author



David Leis is an award-winning consultant, author, speaker, trainer, executive coach, and college instructor. For over 30 years, he has spoken to and trained thousands of people in a wide variety of settings, from colleges to the Fortune 500 to small companies and non-profits around the globe.

His service to the Church has included developing a pre-marriage course used in several parishes, a marriage course, and a booklet on the Examination of Conscience. David has served in many roles in a number of parishes, has led hundreds of prayer group meetings, facilitated dozens of 2-3 day retreats, provided consulting to parish councils, is a 3rd Degree Knight of Columbus, was a CCD teacher, founded a men’s fellowship group, led bible studies, and was a consultant to the Courage Ministry in New York City.

David is a graduate of West Point and the University of Southern California and has done coursework on an MBA and PhD. He served in the Army as an Airborne, Ranger, and Company Commander. Later, he worked as a Top 100 executive of Harris, a Fortune 500, and held management roles at RCA and GE. In addition to the writing he has done for the Church, David has authored an award winning training program for NATO, white papers on national security issues for which he was commended by former members of the US President’s Cabinet, and training programs for many corporations on teamwork, leadership, strategic planning, diversity, consulting, and management.

David lives near Princeton, New Jersey, with his two sons and close to his daughter’s family in Connecticut. He has donated his services to civic and religious organizations that serve the disabled and the poor.

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Revision 150207